



# January

## Elementary Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

		<p>1st</p> <p>Winter Break Schools Closed</p>	<p>2nd</p> <p>Cocoa Puff Cereal Bar Bug Bites Apple Slices Apple Juice Milk</p>	<p>3rd</p> <p>Whole Grain Cherry Strudel Fresh Banana Apple Juice Milk</p>
<p>6th</p> <p>Cinnamon Toast Crunch Cereal Bar Bug Bites Apple Slices Apple Juice Milk</p>	<p>7th</p> <p>Nutri-Grain Bar Strawberry Teddy Grahams Apple Slices Apple Juice Milk</p>	<p>8th</p> <p>Chocolate Chip Banana Benefit Bar Fresh Banana Apple Juice Milk</p> <p>Early Dismissal</p>	<p>9th</p> <p>Whole Grain Poptart Cinnamon Bug Bites Apple Slices Apple Juice Milk</p>	<p>10th</p> <p>Whole Grain Mini Cinni Roll Fresh Banana Apple Juice Milk</p>
<p>13th</p> <p>Trix Cereal Bar Teddy Grahams Apple Slices Apple Juice Milk</p>	<p>14th</p> <p>Whole Grain Apple Strudel Apple Slices Apple Juice Milk</p>	<p>15th</p> <p>Whole Grain Bagel with Sunbutter Fresh Banana Apple Juice Milk</p>	<p>16th</p> <p>Cocoa Puff Cereal Bar Bug Bites Apple Slices Apple Juice Milk</p>	<p>17th</p> <p>Whole Grain Poptart Cinnamon Oatmeal Bite S'mores Fresh Banana Apple Juice Milk</p>
<p>20th</p> <p>Martin Luther King Holiday Schools Closed</p>	<p>21st</p> <p>Nutri-Grain Apple Cereal Bar with Chocolate Chip Oatmeal Bites Apple Slices Apple Juice Milk</p>	<p>22nd</p> <p>Whole Grain Chocolate Crescent Fresh Banana Apple Juice Milk</p>	<p>23rd</p> <p>Whole Grain Poptart Frosted Fudge Bug Bites Apple Slices Apple Juice Milk</p>	<p>24th</p> <p>Whole Grain Mini Cinni Roll Fresh Banana Apple Juice Milk</p>
<p>27th</p> <p>Nutri-Grain Strawberry Cereal Bar with Chocolate Chip Oatmeal Bites Apple Slices Apple Juice Milk</p>	<p>28th</p> <p>Low Fat String Cheese with Strawberry Yogurt Chex Mix Apple Slices Apple Juice Milk</p>	<p>29th</p> <p>Whole Grain Bagel with Cream Cheese Fresh Banana Apple Juice Milk</p>	<p>30th</p> <p>Whole Grain Poptart Strawberry Teddy Grahams Apple Slices Apple Juice Milk</p>	<p>31st</p> <p>Trix Yogurt Bug Bites Fresh Banana Apple Juice Milk</p>



**Rise, Shine  
and Eat a  
Healthy  
Breakfast!!**

**A Good  
Breakfast  
Will Boost  
Your Brain  
and Body  
To Help  
You Take  
On The  
Day!**



Upper Darby School District Elementary Breakfast Menu - All Students Have Access to Breakfast At No Cost!!



Low Fat Milk and Fresh Fruit Offered with Every Meal  
**Breakfast - A Great Way to Start Your Day**

Menu Items Do Not Contain Pork Product  
Menu Subject to Change without Notice

